



NORTH BAY Y TITANS

Box 1234 • North Bay, Ontario • P1B 8K4

Parents:

Please read over the “Code of Conduct” with your child and talk about the issues involved. We want everyone to understand what each and every point is about and why. I will ask that both the athlete and parent sign the consent form and hand the last page in to your coach. These sheets will be kept on file and hopefully never have to be looked at or used. We have had a few incidents in the past which warrants us to make this document more visible. Should you have any questions, comments or advice on the code of conduct, please feel free to talk with the head coach or any of the executive members.

Thank you for your understanding.

Cliff Noth
Head Coach North Bay Y Titans

NORTH BAY Y TITANS CODE OF CONDUCT

Obey the provincial law, the federal law or the law of the country you are visiting.

No drinking alcohol, no carrying alcoholic beverages, no smoking or chewing tobacco, no carrying or using any social or non-prescription drugs.

Behave morally, dress respectably and use only acceptable language.

Act in a manner that brings credit to your family, your club and yourself.

Show respect for and cooperate with meet management, pool management, team staff and all fellow competitors.

Follow all team, camp, meet and facility rules.

Abide by all of the swimmer responsibilities as listed within the Code of Conduct.



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As a representative of the North Bay Y Titan Swim Team, you are representing the team, city and province at any and all swim meets and / or training camps that you attend. It is imperative that you understand this code and abide by it during the activity. The Code is in effect from the time of departure until returning home. Anyone signing the attached Code of Conduct agreement must abide by it.

ANY ATHLETES BREAKING THE CODE FACE THE POSSIBILITY OF BEING REMOVED FROM THE EVENT AND SENT HOME AT THEIR EXPENSE. UPON RETURNING HOME, THEY WILL THEN FACE FURTHER REVIEW BY THE NORTH BAY Y TITAN EXECUTIVE COMMITTEE.

As an athlete, you are responsible for:

1. Observing and following the Code of Conduct.
2. Displaying a commitment to excellence and maintaining a positive attitude.
3. Being pro-active in your communication with team staff and finding out what is expected of you.
4. Cooperating with all staff in an atmosphere of trust and mutual respect.
5. Observing curfew.
6. Respecting others' needs for sleep, quiet and safety.
7. Being punctual for all team meetings, transportation to and from the event, workouts or meet warm-ups.
8. Wearing team apparel, when requested.
9. Having all training and racing equipment prepared and ready for use.
10. Keeping your room clean and orderly.
11. Any damages to your room or its contents.
12. Any expenses associated with the telephone charges, movie rentals, room service, etc.
13. Maintaining the best possible diet for optimal performance.
14. Leaving the door unlocked so that the staff can get in when required.
15. Propping doors open whenever a member of the opposite gender is in the room.
16. Requesting staff permission to have visitors from outside the team in your room.
17. Requesting staff permission to leave the team location for any extended period of time.
18. Speaking with respect to the staff and if asked to do something, to do so in a timely fashion.
19. Keeping the bus or transportation clean of garbage and food. No food or drinks are allowed to be consumed in the vehicle. The exception is water bottles.

THE NORTH BAY Y TITAN SWIM TEAM IS AWARE THAT THE ABOVE CONDITIONS MAY INFRINGE ON SOME OF THE ATHLETE'S LEGAL FREEDOMS, HOWEVER, THIS IS NOT ABOUT INDIVIDUAL FREEDOMS. IT IS ABOUT DOING EVERYTHING IN YOUR POWER TO HELP YOU AND YOUR TEAM MATES PERFORM AT THE HIGHEST POSSIBLE LEVELS.